Loki Mulholland, the son of famous Civil Rights Activist, Joan Trumpauer Mulholland, grapples with his family’s deep roots in racism as he unearths his family’s history and the truth behind their slave-owning past. Together with Luvaghyn Brown, a Freedom Rider and activist, Loki explores the United States’ institutions of racism that continue to haunt our country today through his very personal journal. “The Uncomfortable Truth” is an unapologetic film that lays bare what we all need to understand about each other with an open and honest dialogue on race and society.